

# More on MultiDimensional Lovemaking

“...And you want to travel with her. You want to travel blind.

And you know that she will trust you, because you’ve touched her perfect body... with your mind.”

-from ‘Suzanne’ by Leonard Cohen

If asked about my favorite activity on Earth, my answer would have to be MultiDimensional Lovemaking. Nothing compares to the experience of connecting with your lover on multiple levels, delighting in the physical bliss, emotional intimacy, mental stillness and spiritual ecstasy.

MultiDimensional Lovemaking means exactly that: connecting to and exchanging energy with your lover on multiple dimensions. It is so far beyond conventional physical sexuality that comparing the two is like comparing apples to supernovas.

As you connect with your lover in deep intimacy, you come to experience your lover’s joys, wants, needs, and desires. As you intuitively respond, you will find that you experience your lover’s pleasure as well. This experience is one of the secrets of MultiDimensional Lovemaking.

It is amazing what happens when you can feel your lover’s pleasure. Then, it truly becomes more of a joy to give than receive. As your lover’s pleasure expands, your pleasure expands. You begin to experience yourself through your lover. It is like making love to yourself in a subtle, yet powerful way. As your pleasure expands together, you spiral into ever increasing levels of bliss, passion, intimacy and awareness.

As your experience of pleasure expands, your capacity for pleasure expands. The more pleasure experienced, the more you can experience in a continuously increasing cycle of bliss and ecstasy.

I use the term 'Lovemaking' very intentionally, rather than 'sex' or any other term. During MultiDimensional Lovemaking, vast amounts of sexual energy are cultivated. This potent creative energy is transmuted to the dimension of the heart or beyond. That high-vibration energy fills your auric and physical structures, is shared with your lover, and overflows to the world.

By cultivating and transmuting expansive quantities of sexual life force to the heart or higher, you are quite literally 'making love.' There will be more love in the world after your MultiDimensional Lovemaking than before. Not only will this energy raise the vibration of you and your lover, it will raise the vibration of the entire human collective and creation as a whole. It can easily be argued that the best thing you can do for the world is to make Multidimensional Love as often as possible!

MultiDimensional Lovemaking is a Spiritual Science. It is also an art. It is a science because the techniques used to expand your multidimensional awareness are scientific in nature. It is an art because the way you apply this awareness to your lovemaking is intuitive and unique to each of us. It is creative expression radiating from the core of your being.

The more developed you are as a person, the better you can experience MultiDimensional Lovemaking. Hence, MultiDimensional Lovemaking practitioners seek to develop themselves as individuals. As you become a more well-rounded being, so you are better able to experience your multidimensional nature and that of your lover. The process is easier than you might imagine.

The experience of MultiDimensional Lovemaking expands through consistent practice of the Cobra Breath (Tantric Kriya Kundalini Pranayama), the central technique of Babaji's Kriya Jyoti Tantric Yoga. In nearly three decades, I have found no technique more powerful or effective at developing our multidimensional nature. Making love while practicing the Cobra Breath is an amazing experience in itself.

Spiritual Science Society courses develop your awareness of your multidimensional nature and expand understanding of your truth. The beginning class develops awareness of, clears and expands your energy bodies. Next, aspirants receive instruction and initiation into the Cosmic Cobra Breath. Advanced classes teach MultiDimensional Lovemaking principles and practices, including integrating the Cobra Breath into your lovemaking. The best part of these classes is the homework is fun!

MultiDimensional Lovemaking is a divine gift to humanity. It is our birthright. It is a means to heal ourselves, our society and our planet. The more love we

make, the more love there is. God is Love. Love conquers all. All you need is Love.

-Hari Om Tat Sat  
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