

What is Spiritual Science?

“Everyone who is seriously involved in the pursuit of science becomes convinced that a spirit is manifest in the laws of the Universe - a spirit vastly superior to that of man, and one in the face of which we with our modest powers must feel humble.”

-Albert Einstein

There is no conflict between Science and Spirituality. In their purest forms, both are explorations into the nature of reality. They are completely compatible and for thousands of years were considered one and the same.

It was only during the Age of Reason and the Age of Enlightenment that Western seekers of truth, in an effort to break free of dogmatic religious oppression, separated science from religion. As part of their efforts, they separated the experiment from the experimenter and conducted research as though each phenomenon was separate. They lost the understanding of the quantum truth that "All is One."

The perceived split between science and spirituality that exists to this day is artificial and out of harmony with known laws of physics. Ancient spiritual scientists understood the fact that all is connected and the observer is part of the equation in any experiment or observation. Quantum physics has now proven this truth. You cannot separate the observer from the observed: All is One.

All true spirituality is scientific and all true science is spiritual. Einstein said, “Science without religion is lame; religion without science is blind.” Science is exploration and investigation through the application of the scientific method: Hypothesis, Experiment, Observation, Conclusion. It produces predictable repeatable results. Science is in perfect harmony with and complements spirituality.

Spiritual Science applies the scientific method to spirituality. It produces predictable, repeatable results without the need for belief or worship. It applies truths of physiology, quantum mechanics and other sciences to catalyze changes in consciousness and awareness. It is an evolving science extending back 5000 years and more, and continues evolving today as modern scientific analysis furthers our understanding of ancient truths.

The Spiritual Science Society focuses on several of these age-old, long standing systems including Kriya Jyoti Tantra, Internal Alchemy, Chi Kung, and other ancient Tantra systems. Jyoti means ‘the Light of Knowledge.’ It is for those who are not satisfied with blind belief. It is for those who yearn to know and understand how their bodies, their consciousness, and the underlying fabric of Creation function together. It is for those ready to take responsibility for their existence in this sublime, magnificent Cosmos!

The central technique focused on by the Spiritual Science Society is Babaji’s Cosmic Cobra Breath (Tantric Kriya Kundalini Pranayam). It is a most potent technique that will alter the physiology of your brain and body, activating dormant abilities and new awarenesses. The results are predictable and repeatable. As few as seven breaths a day will change your life dramatically, opening vistas never before available.

-Hari Om Tat Sat
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